WOIS Career Assessment Tools

**Career Interest Areas – 15 minutes**
The Career Interest Areas activity helps you match your interests with types of careers. The next page lists 66 pairs of activities. For each pair, choose the one activity you would rather do. It doesn't matter if you like both of them a lot or dislike both of them a lot; just pick the one you would rather do. When you have made all of your choices, select the *find my interest areas* button at the end of the list.

**Interest Profiler – 30 minutes**
The Interest Profiler questions describe work activities that some people do at their jobs. Read each question carefully and decide whether or not you would like to do the activity. **Try not to think about:** 1) whether you have enough education or training to perform the activity, or 2) how much money you would make performing the activity. Simply think about whether you would like or dislike performing that work activity.

**Skills Assessment – Worksheet, 30 minutes; Assessment, 20 minutes**
Skills helps you identify careers that match the skills you like to use. Skills begins with the skills selection process. This process can be made easy by first completing the Skills Worksheet. Then select your skills in the Skills Assessment. After selecting your skills, click the Ratings button to see how your skills match careers.

**Work Importance Locator – 30 minutes**
The Work Importance Locator can help you learn about your work values and decide what is important to you in a career. It does this by asking you to rank different aspects of work. When you complete the Locator, you will get scores for six work values. In addition to your scores, you will see a list of careers linked with your work values. The more a career agrees with your work values, the more likely you are to be satisfied in that career.

**Reality Check – 20 minutes**
After you finish school, you will need to work to pay for housing, food, clothes, transportation, and other items. Find out how much money you will need to earn to cover your expenses. Then find out which careers will support this lifestyle.